



DAILY HEALTH CHECKLIST

We require that parents assess the health of their children and other family members each morning before the child enters school.
Please be honest in answering these questions.

1

Within the last 14 days has the student traveled to a CT-designated affected state list or traveled outside the U.S.?

If YES, your child will not be permitted to come to school until after the 14-day state-mandated quarantine.

Testing may be required on the advice of a physician.

2

Has the student or a direct family member been self-quarantined or in isolation as requested by a medical professional or local public health official in the last 14 days?

3

Has the student or a direct family member been within 6 feet of a lab-confirmed case of COVID-19 for at least 15 minutes?

4

In the last 48 hours, has the student had any of the following symptoms:



fever > 100.4
without taking any
fever-reducing medications



cough



shortness
of breath



chills,
sweating



muscle aches



loss of smell or taste
or change in taste



sore throat



headache



diarrhea



unexplained
fatigue

If answering YES to any of the above questions, the student and faculty/staff member must remain home, seek medical evaluation, or quarantine for 14 days if travel-related. A physician's note is required for any COVID-19 or non-COVID illness and absence greater than 5 days.

QUESTIONS? Contact School Nurse Carol-Ann Ball
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