



WHITBY SPEAKER SERIES

THE MIDDLE SCHOOL YEARS



Dr. Chris Bogart, PhD

A licensed clinical psychologist who has worked in both the private and public sectors for the past twenty-five years, Dr. Bogart works with children, adolescents and parents, conducting comprehensive psychoeducational and AD/HD evaluations as well as therapy services. He also provides program consultations to local schools, as well as supervision to doctoral students in psychology. Dr. Bogart serves as the Board President of the Board of Trustees of Smart Kids with Learning Disabilities; as a member of the Board of Trustees for New Canaan Country School; and as a member of the Advisory Board for the Center for Sexual Assault Crisis Counseling and Education.

Prior to co-founding the Sasco River Center, Dr. Bogart held various clinical positions including staff psychologist at the Beth Israel Medical Center in New York City and Director of Psychology at the Rockland Children's Psychiatric Center in Orangeburg, New York. While serving as director, Dr. Bogart organized and administered an American Psychological Association approved externship training program for clinical psychology and social work graduate students. He supervised staff psychologists on children's and adolescent inpatient units and he devised a hospital-wide behavior modification program for the children. Dr. Bogart has provided numerous classes, lectures and training programs on various topics such as parent education, executive functions assessment and coaching, psychological testing, and stress management. He has also conducted research studies in various areas including Attention Deficit Hyperactivity Disorder, Social Skills Training, and depression in children.

Dr. Bogart received his undergraduate training at Georgetown University and received his doctoral degree from The American University in 1986.



Dr. Peg Dawson Peg Dawson, Ed.D., NCSP, received her doctorate in school/child clinical psychology from the University of Virginia. She worked as a school psychologist for 16 years in Maine and New Hampshire, and since 1992 has worked at the Center for Learning and Attention Disorders in Portsmouth, New Hampshire, where she specializes in the assessment of children and adults with learning and attention disorders.

She has many years of organizational experience at the state, national, and international level, and served in many capacities, including president, of the New Hampshire Association of School Psychologists, the National Association of School Psychologists, and the International School Psychology Association. She is the author of numerous articles and book chapters on a variety of topics, including retention, ability grouping, reading disorders, attention disorders, the sleep problems of adolescents, the use of interviews in the assessment process, and homework.

Along with her colleague, Dr. Richard Guare, she has written several books for parents and professionals on the topic of executive skills, including *Smart but Scattered* and *Smart but Scattered Teens*. Peg is the 2006 recipient of the National Association of School Psychologists' Lifetime Achievement Award.



Dr. Jonathan Demers, PhD

A Post-Doctoral Fellow with a PhD in School and Child Psychology who has spent numerous years working with children, adolescents, teachers, and parents to identify and meet instructional and social-emotional goals. Joseph began his career as an educator and spent several years teaching middle school English and Social Studies in New York City and overseas. This work included extensive training in literacy at the Reading and Writing Project at Columbia University's Teachers College.

Joseph quickly recognized his interest in meeting social and emotional goals for young people and began coursework in psychology, which led him to pursue his doctorate in School and Child Psychology. His graduate work brought him to the University of Minnesota, where he worked in a variety of settings, including intensive day treatment programs, a neuropsychology clinic within the University Medical center, a private center for child and adolescent psychiatry, and his doctoral internship at a residential treatment center for children and adolescents struggling with severe emotional and behavioral difficulties.

As a result of his varied professional and academic placements, Joseph brings experience and training in literacy and mathematics instruction and interventions, Cognitive Behavioral and Dialectical Behavioral Therapy (CBT and DBT), solution-focused counseling, and consultation and intervention for disruptive behavior, dysregulation, and executive function difficulties. Joseph has served the needs of children and teens with a broad range of diagnoses, including Anxiety, ADHD, Autism Spectrum Disorder, Depression, Disruptive Mood Dysregulation Disorder, and Oppositional Defiant Disorder.

Joseph received his undergraduate degree from Fordham University, his MA degree in Education from the City University of New York, and his MA and PhD in Educational Psychology from the University of Minnesota.